

## ABSTRACT

The invention is a gel pad which is placed in a pocket or sleeve in an understocking. The understocking can be a compression stocking and the stocking may have a plurality of pockets or sleeves in which the gel pad(s) may reside depending on the treatment plan of the doctor or the clinician. The sleeve enables positioning of the pad where treatment is needed Pressure is applied to the affected area without having the pad in contact with the area or its dressing.